

ADAPTIVE

Adaptive Gymnastics is designed for children who need a little extra attention. Whether it's developmental, physical, mental, or social; this class will help develop skills in a safe, fun and encouraging environment.

- ❖ Muscle Strength & Tone
- ❖ Social Interaction
- ❖ Following Direction
- ❖ Confidence Building
- ❖ Gross & Fine Motor Skills
- ❖ Coordination
- ❖ Flexibility
- ❖ Cardio Vascular Health
- ❖ Class Structure
- ❖ Spatial Awareness
- ❖ Skill Building
- ❖ Fun & Games

Class Schedule					
Price \$195.00 One Hour Class	Monday	Tuesday	Wednesday	Thursday	Friday
Ages 6-8 1 hour			2:30pm	5:30pm	
Ages 9+ 1 hour		5:30pm			

\$35.00 Annual Membership (Renews every September)

10% Discount for each additional Sibling

Full payment is required at the time of registration

<i>2015-2016 SESSION DATES</i>			
Session 1	Sept 10	to	Nov 11, 2015
Session 2	Nov 12	to	Jan 30, 2016
Session 3	Jan 31	to	April 10, 2016
Session 4	April 11	to	Jun 20, 2016
Summer	TBD		

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